

Junior GYM MK

It's quite simple- if you have a child aged between 8-15 years, we now offer an incredibly affordable package that can save you money in the long run!

For only £18 per month a Junior Gym member receives:

- Full access to all Junior Gym sessions (usually £4 p/session).
- Free access to all General Swim sessions (usually £2 p/session).
- Discount on Birthday parties held here at Stantonbury Arts & Leisure.
- Discount on 'Kidz Club' during the school holidays.

For further information, please speak a member of the gym team.

Time	10.00 – 11.00	16.00-17.00
Monday		8-15 yrs CIRCUITS
Tuesday		8-15 yrs BODY CONDITIONING
Wednesday		8-15 yrs GYM
Thursday		
Friday		8-15 yrs BODY CONDITIONING
Saturday	8-15 yrs CIRCUITS	
Sunday	8-15 yrs GYM	